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ROLE OF MOTIVATED TEACHER TO INCREASE EMOTIONAL INTELLIGENCE IN MODERN EDUCATION SYSTEM

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Abstract:

Emotionally intelligent and motivated teacher is the hub of the cycle of education but more so far in the Indian society, where people teach and learn half heartedly, where social and political conditions are changed due to political, social and economic storms, only an emotionally mature and intelligent teacher can face and divert the gust of storm.

The teacher is placed as the central axis of the educational community and therefore as coordinator for the entire network of interpersonal relationships and educational processes which are found therein. It is therefore not surprising that social and emotional competencies are considered worldwide to be a basic aspect in preparing for a "Knowledge Society", where the ability to collaborate, communicate, create and live in community are highly valued (Hawkey, 2006).

Keywords:- *Emotionally intelligent, Knowledge, political conditions, Dependency.*

Even today teacher-taught relationship fostering emotional closeness with the educated is the most needed relationship. If the technology is to occupy teaching-learning process, software of emotional environment is going to spread healthy oxygenated atmosphere for the student to imbibe the spirit of national love.

Emotions are personal experiences that rise from complex interplay among physiological, cognitive and situational variables. Emotions, if properly used, are an essential tool for successful and fulfilling

life. But if emotions are out of control, it can result in disaster. In day-to-day life, they affect our relations with other people, our self-identity and our ability to complete a task. Emotional process is not an isolated phenomenon but component of general experience, constantly influencing and influenced by other processes going on at the same time.

Emotional attachment with the student and class is necessary because the very existence of the teacher is in danger in the context of information. Emotionally intelligent teachers are aware of their emotions and the emotions of students. They use that information to guide the thinking and actions of their students.

Teaching is considered to be one of the most stressful occupations, especially because it involves daily work based on social interactions where the teacher must make great effort to regulate not only his or her own emotions, but also those of students, parents and colleagues, etc. (Brotheridge and Granuley, 2002). Unfortunately, teachers more often experience negative emotions than positive ones. Negative emotions, for example anxiety, interference in our cognitive capacity for processing information, while positive emotions increase our creative capacity for generating new ideas and therefore our ability to handle difficulties. Positive emotions in teachers can increase teacher wellbeing and also the student's level of adjustment (Birch and Ladd, 1996). The positive affect may also produce a spiral effect which in turn facilitates a more suitable climate for learning (Sutton and Whealey, 2003).

Training in emotional competencies is necessary so that both children and teachers can successfully adopt. This is important not only for developing such competencies in the students and for preventing mental health issues in teachers, but also for creating favorable environments for learning. Carl Rogers points out that only those teachers are able to modify the behaviour of their students who have qualities like genuineness, empathy and acceptance with learners.

Positive emotional environment created by emotionally intelligent and motivated teacher produces congenial atmosphere for learning. Only this can produce emotionally intelligent citizens. A teacher who is able to carry out reasoning with regard to emotions will succeed in developing the emotional intelligence of pupils. An emotionally competent teacher is the heart and soul of any educational programme. Thus, an emotionally balanced and motivated teacher is the need of the hour.

An emotionally intelligent teacher learns and applies emotional intelligence skills to:

- Improve mental and physical health of the students and to control emotional reactivity and stress management.
- Improve confidence level of the students by bringing desired positive personal change in them.
- Manage anxiety and improve performance of the students.
- Maintain effective interpersonal relationships amongst them.
- Develop ability to understand and accept differences in others.
- Make them good decision makers so that they may plan, formulate and implement problem solving procedures in stressful situations.
- Improve their ability to manage and control anger
- Develop ability to manage their time goals in life to achieve set goals in life.
- Make the students committed in fulfilling their tasks and responsibilities in a timely and dependable manner.

Thus, emotionally intelligent teacher helps students by improving their motivation, enhancing their innovation and increasing their performance and leadership qualities among them, so that they may effectively use their time and resources.

In order to become emotionally intelligent teacher one must develop following traits:

- ❖ Listen patiently so that you may connect with the students.
- ❖ Revise in your heart the feelings of the students.
- ❖ Use questions to explore the students thinking and clarify them, if necessary
- ❖ Adopt student-centered approaches
- ❖ Study your subject continuously
- ❖ Learn to nullify negative feelings of the students.
- ❖ To show the students that you recognize their difficulties and feelings

- ❖ To use your emotional intelligence to attend the students cognitive and affective level of learning.
- ❖ To possess self-consciousness and awareness with regard to values and attitude as a teacher
- ❖ To change yourself emotionally and intelligently according to the changing moods of the class or individual.

Such an emotionally intelligent and motivated teacher is more likely to get respect from students. So, in order to enliven the classroom teaching and to reverberate slowly dying school, such a teacher can make it lively by his/her personality potential.

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